



Newsletter #1 February 2014

Announcing: A new Class (Thursday evenings 6:30 pm – 7:45 pm) to commence 13 February 2014, specific for senior level students (3rd Kyu Brown belts and above)

All students of senior rank are requested to attend this class as part of their weekly training practice.

You may train both Mondays and Wednesdays, along with Thursdays, should you wish to commit to regular practice! (A good time to do so would be the weeks leading up to Grading Dates.) Students will not be charged any increase in Term training fees, should you decide to do so.

All students are requested to train , at least twice weekly , as a matter of regular attendance, to ensure consistent training and practice, towards improving your Karate skills and knowledge, through mentoring and correcting of form by Renshi/Sensei.

This senior class will consist of:

Advanced Kata, Kihon Ido, Gyakusoku Kumite (Pre-arranged Sparring) and Self Defence.

All Students, 3rd Kyu and above are requested to attend this class, to be a success!

Class, begins Thursday 13 February
Time: 6:30pm – 7:45pm.

Look forward to your attendance!

Regards Renshi/Sensei Phil

REMINDER: Students are to pay their Term training fees, by the 2nd week of each Term, as rent (Dojo) is due each Term.